



CLASSROOM GUIDANCE LESSONS

CURRICULUM



K-2: A little spot of emotions/feelings; A little spot of life skills/actions

*We read the “A little spot of...” books

3-5: Pathway to success

6: Riding the waves

LESSON TOPICS

- Empathy
- Career exploration
- Emotion management
- Respect and Responsibility
- Problem solving
- Kindness



CASEL FRAMEWORK

Self awareness

Self management

Responsible decision making

Relationship skills

Social awareness



CONTACT



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